

Blueprints

Women Building Better Communities

Spring

JUNIOR LEAGUE OF STAMFORD-NORWALK, INC

2010

Childhood Obesity: JLSN Tackles the Nation's Top Problem

While the United States may be facing many difficult challenges today, few will have greater impact on the future than the fact that more and more of our children are overweight or obese. Already, obesity is the second-leading cause of preventable death in the U.S., after smoking. In just over one generation, rates of obesity have tripled among preschoolers and adolescents and quadrupled among children aged 6-11 years. According to a 2005 study, in Connecticut 25.9% of high school students were overweight or obese. And those numbers are reflected in the health problems now found in children: 60% of overweight children already exhibit at least one risk factor of heart disease; type 2 diabetes, once known as adult onset diabetes, represents up to 45% of new pediatric cases. In addition to the long-term health effects on individuals, the cost of treating obesity related health conditions is staggering: over \$665 million in Medicare and Medicaid costs in one year in Connecticut alone.

JLSN recognized the growing importance of this issue several years ago and has been presenting educational programming focusing on healthy lifestyles, nutrition and fitness through our Building Healthy Families initiative. This year the Healthy Families committee has continued this work through two ongoing programs.

Kids in the Kitchen

Launched in 2006, the Association of Junior Leagues International (AJLI) Kids in the Kitchen initiative on

childhood obesity is now supported by nearly 200 Junior Leagues around the world. JLSN has presented Kids in the Kitchen health and nutrition fairs annually in Stamford and Norwalk. This year, the Junior Leagues of Eastern Fairfield County, Greater New Haven, Greenwich, Hartford, New Britain and Stamford-Norwalk are collaborating to bring more than 60 children from the Greenwich Boys & Girls Club, the Bridgeport YMCA and the George Washington Carver Community Center in Norwalk to participate in a Kids in the Kitchen program at The Arena at Harbor Yard in Bridgeport on Sunday, April 11th. The program will feature a nutrition information session led by a certified nutritionist where kids will learn that healthy foods can be fun and delicious while enjoying two simple snacks they make themselves. A fun fitness workout led by a physical therapy team will follow as well as crafts related to healthy eating coordinated by JLSN. "Nurturing the healthy development of children is something we try to focus on all year round, so we are pleased to be a part of this statewide effort," said JLSN President Stephanie Fairleigh. "With this event we are teaching the kids what they need to eat and how important staying fit is to growing up stronger and healthier."

Healthy Parents Programs

JLSN is now in the third year of presenting Healthy Parents education outreach programming in partnership with Stepping Stones Museum for

Children in Norwalk. More than 800 parents, caregivers and children in the community have participated in the program since its launch in 2007. Each year, JLSN has provided parents and caregivers with the knowledge and skills to create a healthy lifestyle for their families through a series of hands on education programs held at the museum. Topics have covered a broad range of health and nutrition issues, including purchasing and preparing healthy food on a budget, reading nutrition labeling, incorporating exercise into everyday life, an overview of pediatric medicine, time and stress management and more, all aimed at promoting healthy habits at home and in public. The final event for this year's program series will be held May 6th.

JLSN will continue to focus on preventing and reducing the level of childhood obesity in our area through our community programming as well as expanding our advocacy efforts on the issue. The health of our children depends on us: JLSN is committed to being a part of the national fight against childhood obesity.

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Welcome Spring!

Spring is the season when all the hard work and effort of our JLSN members during the League year comes to fruition. When I'm asked what my plans are after my year as President, I often say I'm finally going to do something about my garden. But when I thought about it, in many ways the League is like a garden, with successful

community, training and fundraising projects and events as our annual harvest.

After the long winter, many gardens need a spring cleanup. Along these lines, the Spring Provisional Class is encouraging everyone to remember to save items for donation to the Spring Tag Sale when doing spring cleaning around your house. The tag sale will be held Sunday, May 2nd. Check the website and Friday Flash for donation drop off dates and times.

The Winterfair 2010 committee members are in the seed planting stage, already planning for the 32nd annual gift market to be held November 12-13 at the Stamford Marriott. Vendor applications and event sponsorships are available online now. In recognition of Earth Day and Arbor Day, the Done in a Day committee is working with groups of Sustainers to literally plant gardens, with community beautification projects in several towns in our service area during the month of April. Bring your family and friends and be ready to get down and dirty.

Established plants may need trimming or relocating in order to encourage new growth, which is exactly what's happening with our sixth Kids in the Kitchen program. To make an even bigger impact in the community, JLSN is joining with all the Junior Leagues in Connecticut to present a state-wide Kids in the Kitchen event in Bridgeport on Sunday, April 11th before the last Sound Tigers game of the season.

Some plants do best if they begin growing indoors and then move outside, such as the Spring Spirits cocktail party and silent auction. Through the dark days of winter, the committee has been busy planning a fabulous event celebrating the harmony of beginning JLSN's 88th year of service to the community and the 88 keys on a piano. We invite everyone to join us in festive black and white cocktail attire for cocktails in the garden at the Meadowlands at the Darien Community Association before moving inside for silent auction bidding, fine food and dancing. Tickets can be purchased on line or by mail. Silent auction donations are welcomed.

Favorite perennials are re-appearing, including the Sustainer Spring Luncheon and the Annual Dinner. Nominations for the annual awards for Actives are now being accepted, please submit your nominees. Look for your invitations to these events and plan to join us as we celebrate the thriving bouquet of talent, dedication and enthusiasm that is the Junior League!

Thank you for Rallying Around the Mission and growing the JLSN garden throughout the year!

*Stephanie Fairleigh
President 2009-2010*

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Board Splinters for February and March 2010

The Board of Directors reviewed the FAPD evaluation of Winterfair.

The Board of Directors discussed the Winterfair ticket purchase obligation and decided it will remain for the 2010-11 League year

The 2008-09 Financial Review was presented to the Board of Directors by JLSN's accounting firm.

The Board of Directors discussed maximizing credit opportunities for the rest of the League year

The Board of Directors discussed and approved the JLSN 2010-2011 Annual Budget

The Board of Directors discussed and approved updating the name of the Community Planning Committee to Community Advocacy & Planning

The Board of Directors determined there would be no changes to the Council or Committee Structure for the 2010-2011 League year

The Board of Directors agreed to contribute a silent auction item for Spring Spirits!



MISSION – The Junior League of Stamford-Norwalk, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

VISION – The Junior League of Stamford-Norwalk, Inc. acts as a catalyst for innovative community leadership focusing on the positive development of women and children.

Diaper Co-Op in Year Two and Going Strong!



The JLSN Diaper Co-Op continues to meet the needs of bare bottoms in Fairfield County! Currently the Diaper Co-Op has distributed over 144,000 diapers and is servicing 32 clients through Person-to-Person and an additional six at Malta House in Norwalk.

The JLSN Diaper Co-Op Committee would like to thank everyone who has contributed, including our recent donations in 2010 from GE Corporate Tax, The Nielsen Company in Wilton and Notre Dame Catholic High School in Fairfield. All of these donations were received in conjunction with the United Way Healthy Babies initiative. Combined they brought in over 2,800 diapers and almost 1,000 wipes. They also collected formula, changing cloths, single use bottles and diaper bags to be distributed to our families. In addition the Diaper Co-Op received donations from the Bolger, D'Andraia and Kindle families, all of Norwalk, and the Long Ridge School in Stamford.

How can you help?

There are many ways to contribute to the Diaper Co-Op. If you are interested in organizing a diaper drive in your community, call the JLSN office and leave a message on the Diaper Co-Op extension or e-mail diaperco_op@jlsn.org, or just donate what you can. Donations are accepted at the JLSN office. Diapers in open or unopened packages are gladly accepted. So if you have a few left of a size your child has outgrown, they can still be donated.

Not limited to diapers!

The committee also sees the need for personal care products such as shampoo, diaper rash cream and other toiletries. These can be donated also and distributed to the clients. Thank you for your continued support.

JLSN Helps Feed Local Families

On Saturday, January 30th the Done in A Day Committee partnered with the Food Bank of Lower Fairfield County for a winter food drive and sorting. This local Food Bank is over 23 years strong serving more than 86 relief programs and 50 agencies in lower Fairfield County. The event was a success with 19 JLSN volunteers plus some of their family members sorting and stacking food. Everyone did a great job which resulted in Food Bank shelves that were organized and ready to better serve our community. In addition, we presented the Food Bank with close to 100 pounds of food donated by members. This is enough food to serve two families of four for a week, which includes three meals daily!

The Food Bank is always in need of donations. If you would like to donate, please bring your items directly to the Food Bank located at 461 Glenbrook Road in Stamford. They are open Monday - Friday 8 a.m. - 4 p.m. Items in current need at the Food Bank include: peanut butter and jelly, macaroni and cheese, tuna, canned chili, fruit juices, jarred spaghetti sauce, breakfast cereals, rice, soups and crackers. Canned goods and dry staples are also always needed.

DIAD Celebrates Arbor Day

In recognition of both Arbor Day and Earth Day, the Done in a Day Committee is pleased to share information on its beautification projects in April. It isn't often that we are able to plan a single event that spans multiple towns, but with the assistance of several Sustaining members, we are able to do just that! Projects have been coordinated for April 17th in Westport and April 24th in Stamford, Norwalk and Wilton. The goal of these projects is to amplify the environmental improvement efforts of several of the towns we service and is a wonderful, family-friendly opportunity to get your hands dirty and see immediate (and beautiful) results.

Shop, Save & Help JLSN

How often do you have the chance to do all three and just in time for Mother's Day and buying your Spring Spirits cocktail party attire?

JLSN Private Pre-Sale

This year Lord & Taylor (L&T) is adding a spring shopping benefit on May 4th from 9 a.m.-11 p.m. Store hours will be 9 am - 11 pm. Even better, JLSN will have it's own special private pre-sale event during the April Membership Meeting, which will be held April 28th at L&T. Sustainers, Actives and Provisionals are encouraged to attend this special opportunity to shop, socialize and benefit JLSN. The event will begin at 7 p.m. with a short business meeting followed by shopping.

Here are some of the details of the L&T "Shop Smart Do Good" event:

- JLSN keeps 100% of ticket sales.
- Each ticket includes a 20% bonus coupon to use on one item and a 15% savings pass to be used on regular and sale-priced merchandise including cosmetics and fragrances.
- The three organizations with the highest ticket sales will receive an additional bonus from L&T
- Supporters dropping off their ticket stub(s) at L&T on May 4th automatically enter their organization in the Attendance Sweepstakes.
- Each organization that sells 50 tickets or more prior to Fundraising Day will be eligible to receive a share of ticket sales on the day of the event.

Darien Sports Shop Spring Fling

The Darien Sport Shop will host a Spring Fling Fundraising Shopping Event on April 22 & 23. Ticket buyers will enjoy 15% discount coupon on all purchases during those two days. Nineteen non-profit organizations will be participating in this event including JLSN, and each will earn a share of the ticket sales. Tickets for both events are available online at jlsn.org. Look under Special Fundraising Events on the homepage for more information. A flyer will be emailed that you can forward to your friends and family to help spread the word about these fun events. Happy Shopping!

Absentee Ballots: General Information

Active, Associate Active, Leave of Absence members, if you are unable to attend the April Membership Meeting and wish to vote, please use this absentee ballot to register your vote in favor of, or opposed to, the motion proposed below. Please mail, fax or email this ballot to Jacki Petrozelli. If mailing, please place this ballot in a sealed envelope, write your name over the external flap of the envelope and send to Jacki Petrozelli, JLSN Secretary, 748 Post Road, Darien, CT 06820. Your name will be used to confirm that you have voted, but your choice (in favor/opposed) will not be traceable to your name. If you fax or email the ballot, please include your name and status. Send faxes to 203-655-4692 and emails to jpetrozelli@sac-legal.com by 4:00 p.m. on April 28 (prior to the Membership Meeting). Your vote will be confidential but not anonymous.

Absentee Ballot:
 2010-2011 Board of Directors Slate

The Nominating/Placement Committee is pleased to propose the following slate for the 2010-2011 Board of Directors:

President: **Angelica Oxford**
 President-elect: **Amy Bien**
 Treasurer: **Melissa Davidson**
 Secretary: **Stephanie O'Brien**
 Communications Council Director: **Darcy Smith**
 Community Council Director: **Tracy Inall**
 Fundraising Council Director: **Lauren Winston**
 Membership/Training Council Director: **Alissa Wool**
 Planning Council Director: **Julie Keller**
 Nominating/Placement Director: **Rachel Guy**
 Sustainer Director: **Andrea Cross**

Circle One: In favor Opposed

Absentee Ballot:
 2010-2011 Nominating/Placement Advisors Slate

The Nominating/Placement Committee is pleased to propose the slate below to serve as Nominating/Placement Advisors for the 2010-11 and 2011-12 JLSN years. If elected, they will join Rachel Guy, Lisa Ferraro, Christine Ladd, and Laurie Mendez who were elected by membership to a two-year term at the April 2009 Membership Meeting.

Under the separate proposal for the 2010-2011 Board of Directors, Rachel Guy has been proposed to serve as the Nominating/Placement Director.

Nominating/Placement Advisors:

Leslie Wheeler
Susan Bridges

Circle One: In favor Opposed

Annual Appeal Update: Rallying Around the Mission

Thank you to everyone who has supported the 2009-2010 Annual Appeal. Your contributions enable us to make an impact in the community through programs such as the Diaper Co-Op and Healthy Parents as well as provide training for our members.

If you haven't already given, please consider making a contribution to the Annual Appeal. Gifts at all levels are appreciated and no gift is too small to help us meet our goals. Donations can be made via mail or online, just click "donate now" on the jlsn.org homepage. As of April 7, 2010, JLSN has received donations of \$12,319. In addition to the donors mentioned in the Winter Blueprints, JLSN has received donations from the individuals listed below:

- | | |
|---------------------|------------------|
| Candace Banks | Barbara Murphy |
| Lisa Bannerot | Trudy Murray |
| Joan Barksdale | Angelica Oxford |
| JoAnn Benson | Marion Peterson |
| Jill Bornstein | Jacki Petrozelli |
| Agnes Cook | Carolyn |
| Levora D'Acosta | Schoonmaker |
| Jeannine Egdorf | Sue Sherwood |
| Stephanie Fairleigh | Barbara Skala |
| Linda Glowienka | Corinna Taubner |
| Noelle Hughes | Anne Trinklein |
| Nancy Jewell | Rozena Verda |
| Mary Lee | Heather Webb |
| Kate Lucas | Martha Witte |
| Judy Mabley | Robin Woods |
| Nancy McGuire | Marie Wootton |

JLSN Spring Tag Sale Just Around the Corner

Mark the date on your calendar! It's spring and time again to clean out your closets and to get rid of the knickknacks and gently used clothing, books and toys cluttering your kitchens, basements and attics. Donate to a great cause - the 2010 Spring Provisional Tag Sale which will take place Sunday, May 2nd from 10 a.m. - 4 p.m. at the JLSN Headquarters.

The Provisional Tag Sale is not only a proven source of revenue for JLSN, but also a low cost shopping alternative for our local community. (The incredible 2009 Fall Provisional Class, led by co-chairs Christy Sims and Jessica Wojcicki, earned a record \$3,580.15 for the League and created a spectacular ad campaign!)

Provisionals will accept gently used items for donation the week of April 24th through May 1st. Please donate and volunteer to ensure the Spring Tag Sale's success. There will also be volunteer shifts to sort donations, set up, staff, and break down the tag sale. Stay tuned to upcoming Friday Flashes and visit the JLSN website www.jlsn.org for more details and opportunities to sign up for volunteer shifts.

2008 - 2009 *Annual Report*

Celebrating 85 Years of Building Better Communities

Impacting the Community

Throughout our history, JLSN has focused on meeting priority community needs. To fulfill that commitment in 2008-09, JLSN launched the Diaper Co-Op, a new signature project, and continued to expand the Building Healthy Families initiative with programming to promote the benefits of a healthy lifestyle through education, resource materials and fitness events.

The Diaper Co-Op

In October 2008, the Diaper Co-Op by JLSN began bi-weekly distributions of diapers to low income families in our community. The Junior League partnered with Person-to-Person, a Darien-based community service agency, to identify and screen the initial recipient families, with the goal of expanding the service to additional community agencies in the future.



Highlights of the first year included a benefit shopping day to launch the project at the Darien Sport Shop, a Family Fun Day in October and providing holiday and mother's day gifts for the babies and mothers. The Co-Op benefitted from donations of funds and diapers from community foundations, corporations, schools, churches and individuals. By the end of May 2009, 47 babies were receiving diapers and more than 55,000 diapers had been distributed.

Did you know:

- Infants and toddlers can require 8 to 12 diapers a day, which can add up to more than \$100 per month per child.
- Government programs, including food stamps and WIC do not cover any portion of the cost of diapers.
- Parents unable to provide an adequate supply of diapers may put their child at risk for developing health problems from wearing a soiled diaper for many hours.
- Many daycare facilities require parents to provide a day's supply of disposable diapers. If parents cannot provide diapers, the child may not attend daycare, and the parents may not be able to attend work or school.

- The cost and pre-washing requirements for low-income families who rely on public laundry facilities mean it is highly impractical to use cloth diapers.

JLSN will also research and develop advocacy efforts in order to raise awareness of this issue in the community and to effect change in public policy.

Healthy Parents

In the second year of the Healthy Parents education outreach partnership with Stepping Stones Museum for Children in Norwalk, JLSN provided parents in the community with the knowledge and skills to create a healthy lifestyle for their families. At each of the four events, parents attended a seminar while children participated in related activities provided by JLSN volunteers including yoga for kids, planting vegetables to grow at home and playing games focused on good nutrition.

Presenters included professional organizer Cara Brook and psychotherapist Beth Counselman Carpenter on Time and Stress Management; Stephanie Hightower Rendulic, Registered Dietician with the Connecticut Department of Public Health and John Gersbeck of Whitsons Culinary Group, the service provider for the Norwalk School District lunch program; Dr. David Katz of the Yale University School of Medicine addressed childhood nutrition and obesity; and Claudia Duque Gislason of the Center for Healthy Living at Greenwich Hospital advised the parents on reading nutrition labels. Attending families received books, recipes and other materials to encourage healthy lifestyles at home.

Healthy Kids

Kids in the Kitchen is an initiative launched by the Association of Junior Leagues International (AJLI) in 2006 as a League-wide initiative designed to help communities address the urgent issues surrounding childhood obesity and poor nutrition. JLSN hosted its fifth Kids in the Kitchen event at the George Washington Carver Community Center in Norwalk. Attendance surpassed all previous events, and the program was featured on News 12. The children enjoyed learning about nutrition and health through preparing healthy snacks, music by the Zucchini Brothers, games, crafts and physical activities.



Dear Friends,

In our 85th year of service to the community, the Junior League of Stamford-Norwalk, Inc. (JLSN) led numerous community initiatives and celebrated the successful launch of The Diaper Co-Op, a new community project. We touched thousands of lives with close to 4000 member volunteer hours. Our members continue to strengthen our position in the community by developing programs that make a difference and we are proud to be an organization of women building better communities!

The Diaper Co-Op was launched in October and distributed over 55,000 diapers by the end of our League year in May 2009. We enjoyed significant launch support from community, foundation and corporate sponsors including Person-to-Person, The Community Fund of Darien, Darien Sport Shop and The Fairfield County Community Foundation. Through local diaper drives and drop boxes, we collected over 20,000 diaper donations. The service is off to a great start.

Our Healthy Parents, Kids in the Kitchen and Done in a Day programs continued to thrive this year. We recognize the importance of collaboration and partnerships and with much appreciation, we acknowledge our community partners: Stepping Stones Museum for Children, One Warm Coat, Save the Sound, Norwalk Emergency Shelter, The Food Bank of Lower Fairfield County, Family Centers of Stamford, George Washington Carver Community Center and the Malta House of Good Counsel.

Fundraising events are critical to the success of our community projects. These events raise the funds which JLSN uses to implement programs and projects with our community partners. Our League fundraisers, Winterfair, Paper Peddler, Spring Spirits and the Annual Appeal, had great success this year. We send a special thank you to all of the donors who joined us at the events, provided gifts, and in-kind support to ensure that these events were a success. As we continue to review our mix of fundraising activities, we have decided to discontinue our Paper Peddler stationery sales, but plan to continue all of our other events and activities in 2009-2010.

Our organization continues to grow and change as we welcome new members, create community programming, train our members, provide advocacy and fund development. We sincerely appreciate our members and their families as well as our donors, supporters and community partners for your support throughout the year. Thank you for helping us build a better community.

With Sincere Gratitude,



Julie Halloran
President 2008-09



Stephanie Fairleigh
President 2009-10

Done In A Day

The Done in a Day committee presents monthly events and activities in coordination with our community partners. Projects this year incorporated our focus on Building Healthy Families as well as many long-standing projects including:



Providing backpacks filled with school supplies to children at the Norwalk Emergency Shelter;

Participating in International Coastal Cleanup Day in conjunction with Save the Sound;

Collecting 475 coats for needy families through the One Warm Coat drive, including an all-day event at the Winter Garden skating rink in Ridgefield;

Donating and wrapping holiday gifts for our seventh annual Angel Tree project for families in the Nurturing Families Network in Stamford;

Presenting a program on aging and living independently along with games and activities at Post House in partnership with Family Centers and Senior Services of Stamford.

Collecting, delivering and sorting food for the Food Bank of Lower Fairfield County;

Renovating a garden at Brien McMahon High School in Norwalk in honor of Arbor Day;



Celebrating Mother's Day by providing a photo session with professional photographer Julie Stauffer and a festive luncheon for the moms and babies at Malta House and in our Diaper Co-Op program. The mothers also received goody bags filled with personal hygiene products donated by members and corporations including Pfizer and Starwood Hotels.

Advocacy

The JLSN Public Affairs Committee supported JLSN Community Programming by researching issues related to diapers as they affect low income families and potential programs to combat the childhood obesity crisis.

The committee coordinated a Community Diaper Forum featuring Joanne Goldblum from the Diaper Bank in New Haven during the February membership meeting and developed the concept for a forum on school nutrition in our service area.

Membership: Developing the Potential of Women

The commitment to providing training for our members continues to set JLSN apart from other volunteer organizations. New members participate in a provisional training course that provides a complete overview of JLSN and our community programs. JLSN also provides ongoing training opportunities for all members in diverse skills including leadership, advocacy, fundraising, community assessment, public speaking and team building.

The 2008-2009 year began with Leadership Training focusing on managing multiple priorities and making the most of volunteer opportunities and leadership roles. In addition, Active and Sustaining members convened for joint leadership discussions to work on increasing community impact and member training. JLSN representatives also attended external leadership training events hosted by the Connecticut Council of Junior Leagues and AJLI.

JLSN has more than 400 active and sustaining members, all committed to building better communities. Approximately 60% of our active members hold full or part-time jobs. All women age 21 and older, of all races, religions and national origins who demonstrate an interest in and commitment to voluntarism are welcomed by JLSN. Members reside in all towns in our service area of Stamford, Norwalk, Darien, New Canaan, Wilton, Weston, Westport, and Ridgefield.

JLSN is one of 292 member Leagues of AJLI. Together, the Leagues have nearly 160,000 members in the United States, Canada, Mexico and the United Kingdom. The Junior League represents one of the largest international volunteer organizations for women interested in making a positive impact in their communities. At the 2009 Annual Conference in Atlanta, the Leagues adopted a new vision statement: "The Junior League: women around the world as catalysts for lasting community change."

Financial Report 2008-2009

Support and Revenue

Contributions	92,173
Winterfair Gift Market (Net)	25,173
Paper Peddler (Net)	2,699
Spring Spirits (Net)	20,874
Miscellaneous Fundraisers	6,585
Interest	243
Miscellaneous	<u>362</u>
TOTAL	148,109

Expenses

Community Projects	67,541
Education	<u>45,953</u>
Total Community and Program Services	113,494
Management and General	30,896
AJLI Dues	<u>15,338</u>
TOTAL	159,728

Funding

To ensure the continued success of our community programs and volunteer training, JLSN presents a changing mix of special events and ongoing fundraisers. In 2008-09, our fundraising projects included:

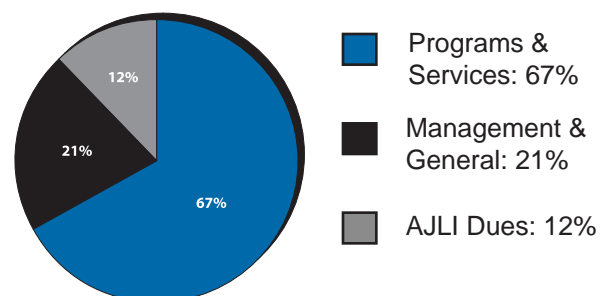
The 30th Annual Winterfair gift market was held at the UConn Stamford campus in November. A Thursday night preview party kicked off the event, which featured more than 60 vendors and attracted hundreds of shoppers in spite of the soggy weather.



The third annual Spring Spirits wine and beer tasting and silent auction, held at the Meadowlands at the Darien Community Association, continued to increase in popularity. A highlight of the event was the presentation of the 2009 Community Leadership Award to Dr. Madhu Mathur, MD, MPH - Director of the Goldstein Children's Health Center at Stamford Hospital. JLSN Tag Sales hosted by the Provisional classes in the fall and spring not only surpassed previous profit levels, but were also great team building exercises. The Building Healthy Families Annual Appeal garnered a positive level of contributions in a very difficult economic period.

After nearly 20 years as a fundraiser, the Paper Peddler personalized stationery sales program celebrated its last year in operation with sales of holiday cards and monthly promotions which provided welcome support for JLSN. The decision to discontinue Paper Peddler was based on declining revenues due to increased competition from online and mass market stationery and card merchants.

Funding for our education and community initiatives also came from generous donations made by community, foundation and corporate sponsors including the following: Breitling USA, The Camulos Foundation, The Community Fund of Darien, Darien Sports Shop, The Fairfield County Community Foundation, First United Methodist Nursery School, Person-to-Person and Verizon.



2008-2009 Annual Report

The contributions we make and the successes we enjoy are not ours alone. We depend upon community support, cooperation of the people we serve and the generosity of many individuals, foundations, and corporations to help us fulfill our mission. Thank you for helping the Junior League of Stamford-Norwalk make a difference in our community.

The 1923 Founders Circle

\$1,923 and above

Anonymous
The Camulos Foundation, Inc.
The Community Fund of Darien
Fairfield County Community Foundation
Julie and Todd Halloran
Person-to-Person
Leslie Wheeler

The Pillars Circle

\$1,000 - \$1,922

Anonymous
MKM Holdings Partners

The Presidents Circle

\$500 - \$999

Anonymous
Lisa and Rick Bannerot
Jeannine Carr
Deloitte
Stephanie and Paul Fairleigh
Mr. and Mrs. Austin Faust
Tom and Tamera Galvin
Michael Lee
Lisa Lillie
MasterCard Matching Gift Program
Verizon Foundation

The Leadership Circle

\$87 - \$499

Anonymous
Robert Ackerman
Charky Armstrong
Bendheim Family
JoAnn Benson
Beth Black
Gina and David Blum
Betty Boscaino
Sandra Channell
Brandy Chapman
The Chubb Corporation
Amanda Connell
Andrea K. Cross
Stacey Danielson
Darien Sport Shop
Melissa Davidson
Erinn L. Denson
Patti Dormer
Jeannine Egdorf
Maria Fecher
First United Methodist Nursery School
Mary Alice Gelhaus
Kristie Godina
Lisa Griffin
Elizabeth Herrmann
Heather Hopkins
Noelle K. Hughes
Jane Jordan
Jonathan and Julie Keller
Molly Larson
Mary Thompson Lee
Anne Wolfe Liebergall
Nancy Lione
Brenda Lydecker
Lynne Boyles Marino
Linda McKee
Melissa Morris
Merrill Lynch
Morgan Stanley
Nestlé Waters North America Inc.
Leslie and Christopher Poulton
Patricia and Paul Risher
Donna Rogers
Sarah Shine
Jennifer and Anthony Triano
Sara and Peter Tucker
Tudor Investment Corporation
United Methodist Church of Westport
and Weston
Anthony and Rozena Verda
Verizon Wireless Inc.
Molly Winn

Alissa Wool
Mrs. Philip H. Wootton
Zarra Family

The Years of History Circle

Up to \$86

Anonymous
Dorothy Arrison
Amy Bien
Brian and Karol Brumit
Susan Byron
Marjorie Calvert
Kathy Clair
Linda Cleveland
Joan Corning
Peggy Craighead
Lee Reynolds Crouch
Stephanie Decker
Cheryl and Todd Devault
Heather Devries
Michelle Drevas
Lisa R. Dunne
Demetra Dyer
Lisa Ferraro
Kristine Freres
Linda P. Glowienka
Katharine Gluck
Mathew Gottschall
Amy Gray
Elise Green
Adair Hatchl
Martha Hayne
Nancy Helle
Harvey Hennes
Mary Heslin
Sara Hesselsweet
Jeanne W. Holleman
Tracy and Tim Inall
Laura Inciardi
Kara Jennings
Irene Jokesz
Patrick Kramer
Patricia Kuntz
Christine Ladd
Liberty Mutual
Sara Lynn
Joyce Manger
Lisa Mannix
Glen Marino
Barbara Martin
Marie Martin
Mary McCann
Katie McCormick
Ann McCulloch
Nancy McGuire
Ana Meuwissen
Wendy Meyer
Gayle Minnaugh
Valerie Monaghan
Cecilia Murray
Trudy Murray
Michael Nesrallah
Sarah Neumann
Connie Nussbaum
Anne Oliver
Amy Olsen-Esposito
Gail Ord
Gina Partenza
Jane Perkins
Jacki Petrozelli
Sheila Pettee
Sarah Meck Pinkham
Brenda Plassche
Cindy Potter
Tammy Roberts
Donna Rohs
Kerry Safir
Tracy Scarfi
Carolyn Schoonmaker
Susan Schroeder
Kathleen Schuster
Amanda Seagaard
Sue Sherwood

Robert and Marcia Silverman
Darcy Pennoyer Smith
Vicky Sullivan
Barbara Thomas
Mary Wathen
Helen Whitten
Lauren Winston
Martha Witte
Robin Woods

In Kind Donors

Acupuncture
Adam Broderick Day Spa
Aetheria Relaxation Spa
Agora Spa Stamford
Charky Armstrong
Baby Cole
Bea Schriver Florals
Ben & Jerry's in Westport
Best Friends Pet Care
Blaine Rice Salon
Blake Robinson Photography
Lynn Blank
Born of Earth Spa
Elizabeth Boscaino
Braach's House of Flowers
Brasitas
Breitling USA
Bruno's Limousine Service
The Capital Grille
Jeannine Carr
CBS
ChickKiddie
Chodos Associates
The Cigar Club
CoCo Nail Spa
Conair
Connec-To-Talk, LLC
Costa Brava Restaurant
Cuisinat
Creative Children's Corner Preschool
Crumbs Cupcakes
Darien Flowers
Darien Spa and Nails
Darien YMCA
David Letterman Show
Debra deRoo
Decorative Crafts
DeGustibus Cooking School
Delamar Greenwich Harbor
Disney Publications
Disney-Hyperion Publishing
Double X Sports and Entertainment
Dynamic Martial Arts
Eos Greek Cuisine
The Family Soap
Federal Street Press
Femme Fatale Fitness
First United Methodist Nursery School
Fitness and Tennis Club
The Flower Basket of Westport
Flowers by Jun
From Spain and Consider the Cook
Garcia Flower Shop
Gardener's Center and Florist
Geiger's Garden Center
Gentre Bradford
Nikki Glekas
Gofer Ice Cream
Rebecca and John Gordon
The Hair Station Salon
Kevin Harrington
Heavy Putter
Hyatt Regency Greenwich
In the Lead Dog Training
The Inn at National Hall
Boaz Itshaky
Jade's Body Work
Jamie Collins Photography
Jordan Yoga of Greenwich
Julie Stauffer Photography
Kiki Kabouris
Kindermusik Stamford
Lanphier Day Spa

Kitty and Rob Lavin
Lilly Pulitzer Greenwich
The Little Gym in Stamford
Macy's Kids Club
Kathy Maher
Maritime Aquarium
Marriott Hotel Tarrytown
The Martha Stewart Show
Massage Envy
Melani Lust
Merritt Wines
Dr. Laurence Milgrim
Mirror Lake Inn
Mitchells Westport
MOPS of Wilton
Nestlé Waters North America Inc.
Nikki Glekas
Nielsen's Florist & Garden Shop
Bob Nieto
Nobu Florist
Nöelle Spa for Beauty and Wellness
Anita Oehley
Amy Olsen-Esposito and Nolan Olsen
Penelope Peapod
Pet Smart Hotel
Peter Murphy
Pfizer
Brenda Plassche
Posh Nail & Spa
The Rachael Ray Show
Red Door Salon & Spa
Renue Spa
Rick Garcia Salon
Ridgefield Newcomers Club
The Right Start, Westport
Saks 5th Avenue, Stamford
Sephora
Service Unlimited
The Sitting Service of Connecticut
Snip Snaps
Splash Car Wash, Stamford
Splash of Pink
Springdale Florist and Greenhouse
Stamford Marriott Hotel & Spa
Stamford Museum and Nature Center
Starwood Hotels
Stepping Stones Museum for Children
Stroller Strides
Susan Morrow Photography
Swaddle, Toddle, and Bump
Sylvan Learning Center
Tahiti's Spa
Corinna and James Taubner
Taylor's Floral Arts & Gifts
Cortney Terrillion
Tiburon Restaurant
Tiffany & Co., Greenwich
Toddler Time Nursery School
Andrea Topalian
Tory Burch
Total Dog of Connecticut
Triloma Spa
Under the Oak
United Methodist Church of
Westport and Weston
Venture Portraits
Village Day Spa
Vineyard Vines
Ward Pilates
Westchester Marriott Hotel
Lisa Wexler
Westport Florist
White Bridge Wine
Whole Foods Westport
Martha Witte
Anne Wojcicki
World Wrestling Entertainment, Inc.
Lisa and Craig Zezima

We apologize for any errors or omissions and please inform us of any corrections so we can amend our records

Hello JLSN Sustainers!

Happy Spring! We have received lots of wonderful feedback on the new format for Blueprints, and hope that it will keep you better informed about our activities. As you can see from just the Sustainer pages, there are lots of wonderful events to attend, and if you read beyond our designated pages, you will likely find a Sustainer at many of the Active events.

Specifically, please consider attending Spring Spirits on May 8th at the DCA Meadowlands in Darien as we celebrate the beginning of JLSN's 88th year with a black and white theme symbolized by the 88 keys on a piano. The Spring Spirits committee is excited to announce that music for the party will be provided by the Joe Holmes Band. Renowned throughout Fairfield County, Joe and his band will provide music during the cocktails and silent auction bidding and then will swing out for us to dance the night away. You will find many of your Sustainer friends will be fighting you for space on the dance floor!

The always popular Sustainer Luncheon features a very special and renowned speaker and we hope that you can join us for a wonderful chance to visit with your JLSN friends, hear about current community issues from our speaker and to celebrate this year's Judy Mahoney and Sustainer Spirit Award winners.

We Sustainers are nearly 300 strong and your sustained support and membership is as valued as it has ever been. We want your membership to meet you at any phase of life that may present itself so please let us know how we may help. Please call or e-mail me at 203-557-3351 or skigolfgirl@gmail.com. The more information we have the more options we can create for Sustainers!

Thank you again for your ongoing support of The Junior League of Stamford-Norwalk!

Martha Witte and Noelle Hughes
Sustainer Chair and Vice Chair

"GOING PLACES"

Franklin D. Roosevelt's
National Historic Site,
Hyde Park, NY
Tuesday, May 18th

Join us for a one hour guided tour of Springwood, Roosevelt's home, which reveals the life and times of our 32nd President (1933-1945) who led the country through the Great Depression and World War II. We will have an opportunity to visit the Franklin D. Roosevelt Museum and Library (the nation's first presidential library) and to tour Val Kill Cottage, the home of Eleanor Roosevelt, a National Historic Site. The only such site dedicated to a first lady, Val Kill was her private retreat, her office and her "laboratory" for social change during the prominent and influential period of her life from 1924 until her death in 1962 – a place where one of the most outstanding women of 20th Century America formed and carried out her social and political beliefs.

Time:

8:45 am: (approximate) Carpools will leave. Drivers needed.

11 am: Tour of Val Kill

Noon: Visit FDR Museum and Library

1 pm: Lunch purchased on your own, Visitors Center, Hyde Park.

2 pm: Guided tour of FDR home and grounds

Cost:

\$25 per person, plus lunch.

RSVP:

Please send check for \$25, payable to "JLSN Sustainers" to: Nancy Gilbert, 67 Turtleback Road, New Canaan, CT 06840

Contact:

Nancy Gilbert: (203) 966-8579 or
ngilbert@optonline.net

Deadline:

Friday, April 30th

For "GOING PLACES" Procedures see your spring 2010 calendar or the website, www.jlsn.org.

2009-2010 Sustainer Board

Chair	Marth Witte
Vice Chair	Noelle Hughes
Secretary	Stacey Danielson
Treasurer	Linda McKee
"Going Places"	Co-Chairs Peggy Craighead, Nancy Helle, & Brenda Lydecker
Bag 'n Book	Jeanne Holleman
Sustainer Advisor	Mary Lee
Communications	Valerie Monaghan

Town Representatives

Darien: Bernadette Lynch, Connie Nussbaum, Kathleen Weinstock

New Canaan: Linda Cleveland, Nancy Gilbert, Jane Perkins, Brenda Plassche, Norine Toole

Northern Region: Louise Laragh

Norwalk: Linda Glowienka, Molly Larson, Nancy Lione, Anna Warm

Ridgefield: Tamera Galvin, Mary Lee

Stamford: JoAnn Benson, Pat Risher, Kitty Sample

Westport/Weston: Andrea Cross

Wilton: Betty Boscaino, Patty Ely, Sally Pinkham

Sustainer Spring Luncheon Special Speaker Coming!

Save Thursday, May 13th for the Sustainer Spring Luncheon to be held at the New Canaan Country Club. Our guest speaker will be Moira Lyons, current JLSN Community Advisor. Ms. Lyons is JLSN's 2000-2001 Community Leadership Award recipient and former Speaker of the Connecticut House of Representatives.

Also, we will recognize our Sustainers and present the Judy Mahony and Spirit Awards. Your invitation should have arrived already.

For questions, please contact:
Louise Laragh, 860-355-9464 or
Kitty Sample, 203-359-4741

Sustainer Advisors: An Integral Part of JLSN Structure



Healthy Families committee advisor Linda Glowienka, center rear, has been a dedicated advisor who's not afraid to dig right in, as she helps serve healthy snacks at last year's Kids in the Kitchen event.

Since the program's inception, Sustainer Advisors have been providing insight, experience and perspective to the Active committees to help them achieve their goals for the year. In many cases, Sustainer Advisors work alongside committee members and assist with the planning and implementation of community projects and events. They attend meetings, staff events, and rally other Sustainers to be more engaged with JLSN initiatives.

JLSN is very proud of the involvement of these dedicated JLSN members and their willingness to help the League achieve our goals. We are part of a unique group of Leagues that have a vibrant Sustaining membership which is actively involved in projects that impact the community.

This year we are extraordinarily pleased to have outstanding Sustainer Advisors for most committees.

The Sustainer Advisors for 2009-2010 by committee are as follows:

Communications - **Nancy Lione**

Diaper Co-Op - **Bernadette Lynch**

Done in a Day - **Peggy Craighead**

HQ Building Committee - **Pam Elliott**

Healthy Families - **Linda Glowienka**

Membership Activities/Training - **Julie Forrester**

Recruiting/Provisional Education - **Jane Perkins**

Spring Spirits - **Mary Lee**

Winterfair – **Brenda Plassche**

Several other Sustainers have shown their by commitment to the League by becoming actively involved in advisory roles or members of a committee. We appreciate the efforts of these members:

Nancy Helle - Communications

Nancy Lione and Andrea Cross - HQ Building Committee

Peggy Craighead, Mary Lee, Linda McKee, Bernadette Lynch - Community Planning

We thank our Sustaining members for sharing their time, enthusiasm, and guidance to benefit JLSN and the community. If you are interested in becoming a Sustainer Advisor or assisting a committee, please contact Mary Lee or Angelica Oxford

Sustainer Calendar of Events

APRIL

- 7 Sustainer Board Meeting, 9:30 to 11:30 a.m., JLSN Headquarters
- 15 Bag 'n Book Group, Noon

MAY

- 8 Spring Spirits! Tickets available now for JLSN's spring fundraiser.
- 13 Sustainer Spring Luncheon
- 18 "GOING PLACES" Franklin D. Roosevelt's National Historic Site
- 20 Bag 'n Book Group, Noon

JUNE

- TBD Sustainer Transition/New Board Meeting, Noon
- 17 Bag 'n Book Group, Noon

Rally Around the Mission: Spread the Word!

You have all received a new JLSN brochure along with your dues bill. Please read it to keep yourself informed on all of JLSN's projects and goals and then spread the word! Address it to a friend or neighbor who might be interested in joining the League or pass it on to a friend to let them know what we do. Put it in a neighbor's mailbox so they learn about our current community projects in the area.

Read With Us!

The Sustainer Bag 'N Book Group meets the third Thursday of each month at noon at the homes of various JLSN Sustainers. Our group is full, however please read along with us.

April 15

Out Stealing Horses, by Per Petterson
Hostess: Sally Zitz, 834-7541

May 20

The House at Sugar Beach, by Helene Cooper
Hostess: Judy Mabley, 762-9584

June 17

My Life in France, by Julia Child
Hostess: Heather Hopkins, 838-2652

Provisional / Transfer / Sustainer Pot Luck

The spring potluck party was a wonderful opportunity for our provisionals, recent transfers and sustainers to get to know each other. The annual event was held at the gracious Darien home of Sustainer Bernadette Lynch.



JLSN President Stephanie Fairleigh with Sustainer Lynne Marino and Provisionals Lisa Wabiszczewicz and Krista Dieckamp



Provisionals Cathy Doyle and Kate Lucas chat with sustainer Nancy Helle.

Financials as of March 31, 2010

	2009-10 Budget	2009-10 Actual
Total Revenue	\$163,156	\$89,065
Total Expense	\$163,156	\$110,151
	\$0	\$(21,086)
Total Community	31.72%	27.91%
Total Education	40.00%	41.23%
Total Program	71.72%	69.13%
Total Support	28.28%	30.87%

Cash Balances as of 3/31/10

Operating Fund	\$118,841
Endowment Fund	\$25,095
Capital Fund	9,637
Total	\$153,573

Developing the Potential of Women: Persuasive Presentations Training

The training Junior Leagues provide to their members is what sets us apart from other volunteer organizations. Throughout the year, JLSN offers training opportunities to members that will be helpful not only for their League careers but in their professional and community volunteer lives as well.

Training opportunities include external training programs such as those provided by AJLI, CCJL and organizations such as the Volunteer Center and the Connecticut Nonprofit Association, along with internal training open to all members.

The final training program for this League year will be April 22nd from 6:30 - 9 p.m. and will provide members with skills to prepare and deliver an effective presentation. During the Persuasive Presentations training program, Debbie Fay of bespек Presentation Solutions will teach us how to determine:

1. the goal of the presentation,
2. the main points to put in the presentation that will achieve that goal,
3. the best way of illustrating those points for the audience.

As members who attended the CCJL training in the fall or the February GMM can attest, Debbie is an energetic and enthusiastic trainer who provides practical techniques that we can use immediately and effectively.

The training event is open to all JLSN members; Actives, Provisionals and Sustainers and is highly recommended for members of committees whose responsibilities include asking for support, sponsorship and/or funding for their projects and events.

Membership Status as of April 1, 2010

Actives:	112
Associate Actives:	11
Active Gold:	10
Active on Leave of Absence:	5
Non-Resident Actives:	4
Provisionals:	23
Sustainers:	<u>266</u>
Total Membership:	431

Member Calendar

April

7	Sustainer Board Meeting JLSN Board Meeting
11	Statewide Kids in the Kitchen event, Bridgeport
14	Provisional Class
15	MAC social: SoNo Happy Hour
15	Sustainer Bag 'n Book Group, Noon
15-17	Annual Conference, Orlando
17	Westport beautification project
22	Persuasive Presentations Training, 6:30 - 9 p.m.
22-23	Darien Sport Shop shopping benefit
24	Stamford, Norwalk and Wilton beautification projects
28	General Membership Meeting and Private Presale Shopping Event at Lord & Taylor

May

2	Spring Provisional Tag Sale 10 a.m. - 4 p.m. JLSN Headquarters
4	Board Transition
4	Lord & Taylor shopping benefit
5	Provisional Class
6	Healthy Families Night at Stepping Stones
8	Spring Spirits! 6:30-10:30 p.m. Meadowlands at Darien Community Association
13	Sustainer Spring Luncheon
18	"GOING PLACES" Franklin D. Roosevelt's National Historic Site
19	MAC movie night
20	Sustainer Bag 'n Book Group, Noon
26	Annual Dinner, 6:30-9:30 p.m.

Junior League of Stamford-Norwalk, Inc.
BOARD OF DIRECTORS 2009-2010

President	Stephanie Fairleigh
President-elect	Angelica Oxford
Treasurer	Tammy Roberts
Secretary	Jacki Petrozelli
Community	Tracy Inall
Communications	Rozena Verda
Fundraising	Lauren Winston
Membership/Training	Leslie Wheeler
Nominating/Placement	Sarah Neumann
Planning	Patti Dormer
Sustainer Director	Martha Witte

COMMUNITY ADVISORS

Vicki Doyne	Deloitte
Mary Franco	Norwalk Hospital Foundation
Rhonda Kiest	Stepping Stones Museum
Dr. Johnnie Lee	Health, City of Stamford
Moira Lyons	Norwalk Community College
Valerie Shultz-Wilson	Urban League
Susan Weinberger	Mentor Consulting Group
Gina Zangrillo	Darien Sport Shop

COMMUNITY PROJECTS

Community Planning	Healthy Families
Diaper Co-Op	Public Affairs
Done in a Day	



748 Post Road
Darien, CT 06820

BLUEPRINTS is published by the Junior League of Stamford-Norwalk. 748 Post Road, Darien, CT 06820. Tel. (203) 655-4662 FAX (203) 655-4692 E-mail: jlsn@snet.net. Blueprints provides JLSN membership and other organizations in the eight communities that JLSN serves with current information and updates on its activities and other information of interest to the volunteer and not-for-profit sectors. Copy Submission must be submitted by email or disk with your name and telephone number to the Blueprints Copy Box in the JLSN office. The editor reserves the right to edit, delete, etc. as space requires. Advertising, camera ready artwork, or business cards must be submitted with payment to Blueprints c/o the JLSN office. Business cards: \$30.00, 1/4 Page: \$50.00, 1/2 Page: \$100.00, Full Page: \$175.00.

Tickets are Available Now for the Fourth Annual Spring Spirits!

Join JLSN as we commemorate the harmony of beginning our 88th year of service to the community and the 88 keys on a piano with a black and white celebration! Invite your friends and family to welcome Spring with cocktails in the garden followed by silent auction bidding, fabulous food and dancing to the Joe Holmes Band. Look for your invitation in the mail. Tickets are also available on the JLSN website, www.jlsn.org. Benefactor and Patron ticket holders will be recognized in the event program. Benefactors receive the additional benefit of last bids for the silent auction.

The Meadowlands at the Darien Community Association
Saturday, May 8th 6:30 to 10:30 p.m.

JLSN gratefully acknowledges the generous support of Deloitte, our event sponsor.

Our fabulous raffle item, with a donation from David Harvey Jewelers, is a Hearts On Fire perfectly cut diamond pendant. Tickets are \$20 each and will be available on the night of the event or in advance by contacting the League office.

If you are interested in becoming a sponsor or donating an item to the silent auction, please contact the JLSN office at 203-655-4662 or springspirits@jlsn.org.

